

# FIRST CONFESSION AND FIRST COMMUNION PRAYERS



In the name of the Father, (touch forehead)  
And of the Son, (touch heart)  
And of the Holy Spirit,  
(touch left then right shoulder)  
Amen



## Our Father

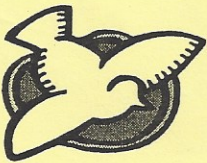
Our Father, who art in Heaven  
Hallowed be thy name.  
Thy kingdom come, thy will be done,  
on Earth as it is in Heaven.  
Give us this day, our daily bread,  
and forgive us our trespasses.  
As we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.  
Amen

## Hail Mary

Hail Mary full of grace, the Lord is  
with you  
Blessed are you among women  
and blessed is the fruit of your  
womb Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.  
Amen

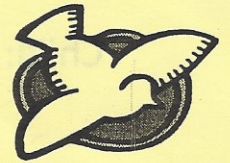
## Glory Be

Glory be to the Father and to the Son, and to the Holy Spirit.  
As it was in the beginning, is now and ever shall be world  
without end.  
Amen



## Prayer of Sorrow

God our Father,  
I am sorry for all my deliberate failures to love.  
I ask your forgiveness. With the help of the Holy Spirit,  
I promise to try to sin no more.  
Amen



## Individual Confession

Child & Priest: "In the name of the Father,  
and of the Son,  
and of the Holy Spirit."

Child: "Forgive me, Father,  
for I have sinned.  
These are my sins..."

(Child tells sins to the priest. The priest will talk to the child.)

Prayer of Sorrow: "God our Father,  
I am sorry for all my sins.  
I ask you your forgiveness.  
I promise to try to sin no more,  
With the help of the Holy Spirit,  
Amen."

Priest: "...and I forgive you from all your sins.  
(Child makes the sign of the cross as  
Father is blessing him / her.)  
In the name of the Father,  
the Son,  
and the Holy Spirit."

Child: "Amen."