

1.2 THE BEST WAY TO LIVE

1. In some ways the best way to live is the same for us all. Which of the three principles had the most impact on you (the –best-version-of-yourself, virtue, or self-control)? Why?

2. How would your relationships improve if you started to really live these three principles?

3. If at the end of your life you could be remembered for just one virtue, which would you choose? Why is that virtue important to you?

1.4 Be A Rebel

1. When was the last time you watched something on TV that helped you become a-better-version-of-yourself?

2. In what ways do you feel called to rebel against today's culture?

3. How is the path God is calling you along different and better than the culture's way of doing things?

3.1 Who Is Jesus?

1. How did this session change the way you see Jesus?

2. How did Jesus change the world?

3. The Jesus question is, “Who do you say that I am?” (Mark 8:29) If Jesus came to your house to visit today and asked you this question, what would your answer be?

3.4 Second Chances

1. Grace is the help God gives us to respond to his call and to do what is good and right. In what part of your life do you need God's grace most today?

2. How do you imagine you would be different if you went to reconciliation once a month?

3. We all need to be forgiven by God and others, and we all have people we need to forgive. In the Our Father we pray, "Forgive us our trespasses as we forgive those who trespass against us." Whom is God calling you to forgive today?

4.3 the prayer process

1. Has anyone ever taught you how to pray? Who? When?

2. Which of the seven steps in the prayer process intrigued you the most? Why?

3. If you were going to set aside ten minutes to pray at the same time every day, what time of day would be best for you?

4.4 the best way to learn

1. What are you most grateful for today?

2. What surprised you the most as you practiced the prayer process?

3. Now that you have been taught how to pray, what is most likely to get in the way of developing prayer as a daily habit in your life?

6.1 what is the purpose? (relationships)

1. Who are the most important people in your life? Why?

2. What is the purpose of relationships?

3. What are you pretending to not know about your approach to relationships?

6.2 choose your friends wisely

1. What is the best friendship decision you have made in the last twelve months?

2. How do you feel God is calling you to improve the relationship with your parents?

3. Are your friends helping you to become the-best-version-of-yourself? Are you helping them to become the-best-version-of-themselves?

9.3 the good, the bad, the ugly, & the lies

1. What makes you proudest to be Catholic?

2. In what ways has the Church disappointed you?

3. We all make mistakes, and we all sin against God. Do your own failings help you to understand why there have been scandals at different times in the history of the church?

9.4 ten great reasons to be catholic

1. What do you think is the best reason to be Catholic? Why?

2. What did you learn in this session that really made you stop and think?

3. How did the top ten reasons to be Catholic change the way you view Catholicism?

11.1 the world is a mess

1. In what ways do you think the world is a mess?

2. How do you sense God is calling you to make the world a better place?

3. What's one thing you can do today that will make the world a better place?

11.4 Your untapped greatness

1. Who do you know who is great at serving other people?

2. What does the story about the rich man and Lazarus make you think about?

3. How do you think you will be happier if you find and follow your mission?

12.1 the holy moment

1. Who is the holiest person you know? What makes that person holy?

2. Who is your favourite saint? Why?

3. What's one thing you have learned throughout the DECISION POINT experience that surprised you?

12.3 Your yes can change the world

1. How can you make yourself ready to let God come and fill you up in all the ways you need and want to be filled?

2. What have you said yes to in the past that you knew was not for you?

3. How available are you to God today?
